



Managing Meltdowns: Using the S.C.A.R.E.D Calming Technique with Children and Adults with Autism

By Hope Richards, Deborah Lipsky, Will Richards

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Managing Meltdowns: Using the S.C.A.R.E.D Calming Technique with Children and Adults with Autism, Hope Richards, Deborah Lipsky, Will Richards, In a chaotic or threatening situation, fear is the primary emotional response of an autistic individual. Often the initial physical response is to freeze. 'Meltdowns', or brain overloads can be scary for the individual with autism, and for the person trying to help if they don't know how to react in this situation. Common coping strategies, such as hand flapping or leg shaking, can be misperceived as being wilful, noncompliant, and uncooperative; and some techniques commonly recommended during times of distress or crisis, such as maintaining eye contact or using light touch, can be counter-productive rather than providing relief. Using the easy-to-remember acronym S.C.A.R.E.D, coined by clinical psychologist Will Richards, this guide offers strategies and practical techniques that will be a valuable reference tool to anyone in a first response position. The authors have created a training programme to explain the autistic experience and mindset, and guide the interventions of first responders to autistic individuals in crisis.



READ ONLINE
[5.73 MB]

Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- **Prof. Kirk Cruickshank DDS**

This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.

-- **Justus Hettinger**

Relevant Kindle Books



The Mystery of God s Evidence They Don t Want You to Know of

Createspace, United States, 2012. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****.Save children s lives learn the discovery of God Can we discover God? What does science prove?Why we were never...



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



Giraffes Can't Dance

Hachette Children's Group. Paperback. Book Condition: new. BRAND NEW, Giraffes Can't Dance, Giles Andreae, Guy Parker-Rees, Number One bestseller Giraffes Can't Dance from author Giles Andreae has been delighting children for over 15 years. Gerald the tall giraffe would love to join...