



## The Spend Less Handbook: 365 Tips for a Better Quality of Life While Actually Spending Less

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By Rebecca Ash

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, The Spend Less Handbook: 365 Tips for a Better Quality of Life While Actually Spending Less, Rebecca Ash, Turn your fortunes around with a year's worth of money-saving, life-improving tips! You don't have to live like a recluse or deny yourself life's luxuries. By spending less, you really can have more. It's not just about saving the odd penny when you're doing your grocery shopping - it's about rediscovering the truly valuable things in life. Discover the power of less and create more time in your life to find the kind of happiness that money just can't buy. From simple tactics such as never shopping on an empty stomach, to lesser-known tricks like importing goods to pay for your holiday, every tip will save you between GBP5 and GBP50,000. You will find 365 practical tips in the following areas to help you live on less, spend less, and be far richer and happier for it! \* Shopping\* Your house and your home\* More ways of saving or making money whenever you buy or sell property \* Your personal finances and savings\* Cut the cost of necessary household expenses\* Food and...



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