



Focused, Unstuck, and Back in Action: A Guide to Happiness No Matter What

By Myra Goldick

Living Through Art, Incorporated, United States, 2014.
Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you stuck? Are you dragging yourself through the hours between sunrise and sunset in survival mode, moving from one task to another without joy or passion, struggling to find meaning or purpose in your life? You know that joy and happiness is in there somewhere, buried behind the negative words, but it seems here today and gone tomorrow, and you re just wondering what it takes to bring it back into your life. Maybe you had it once but misplaced it, and even though you ve been searching high and low, your motivation is nowhere to be found. Maybe, like Myra, you began your life behind the proverbial eight-ball, and what you really need is a clue, just one clue that will help you find the path that will take you to loving yourself, loving your life, and unlocking your passion. Wherever you began, however far you have come, right now you feel stuck. And more than anything you want to get unstuck, focused, and back in action, but how? All roads, whether long...



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