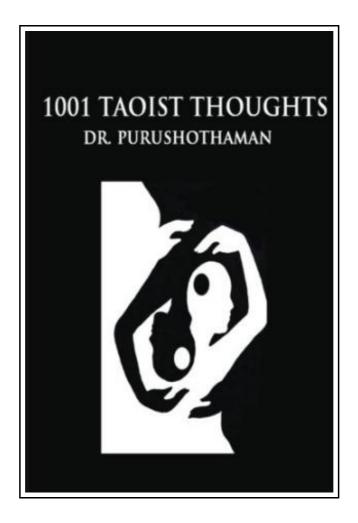
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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Contrary to the common belief, TAOISM - not a Religion or Philosophy is really an Attitude Approach in Life by understanding experiencing our own Life (Our Real Being) accepting as it is without any conflicts confusions. It is better that, we don't try to define what Taoism is, rather let's live our Life in its simplest easiest way. Taoism, also known as Daoism, is about TAO - the way, the path, the Universal Life Principle - by which everything is interconnected moves into a unified field. Many a time - it seems difficult to explain Taoism - as it deals with the subtle basic principles of Life. Taoism is a traditional system which originated in China about 2000 years ago is followed in many parts of the World. In a World of Duality - Taoism explains shows the Path to the unity of opposites (Yin Yang) - Male Female, Dark Light, Positive Negative, Hot Cold, Happiness Unhappiness and the like states in Life. Taoism emphasizes that the above Experiences should be complementary to each other should also go hand in hand, leading to a balanced state of Existence. Taoism is mainly concerned with a Life in Total Serenity, Harmony, Happiness Wellbeing. Dropping all expectations is fundamental to Taoism - having a Let-go Attitude - accepting Life as it is. It is better to say Expecting the Unexpected. A follower of Taoism welcomes everything in Life with an Inner Smile, embrace it with an open Heart Mind and is following the breath of Life in every moment. In Taoism, there is no specific path - everybody can find accept one s own most acceptable path at...



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