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Stillness Through My Prayers

By Stanislaus Kennedy

Transworld Publishers Ltd. Paperback. Book Condition: new. BRAND NEW, Stillness Through My Prayers, Stanislaus Kennedy, Stillness: A deep silence and quiet calm, bringing feelings of peace, solace, contentment and serenity. You may need this book if you have ever felt afraid, unsure, anxious or uncertain. You may need this book if you have ever had sleepless nights, feared the morning, faced difficult decisions, felt worried about the future or craved an answer to life's many mysteries. You may need this book to start to trust and accept, to forgive and let go, with love and peace. In "Stillness Through My Prayer", Sister Stan shares simple, profound and calming prayers that she herself uses to help her achieve Stillness - that most elusive and treasured state of mind.



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